Earlier Development of the Accumbens Relative to Orbitofrontal Cortex Might Underlie Risk-Taking Behavior in Adolescents

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Adolescence has been characterized by risk-taking behaviors that can lead to fatal outcomes. This study examined the neurobiological development of neural systems implicated in reward-seeking behaviors. Thirty-seven participants (7–29 years of age) were scanned using event-related functional magnetic resonance imaging and a paradigm that parametrically manipulated reward values. The results show exaggerated accumbens activity, relative to prefrontal activity in adolescents, compared with children and adults, which appeared to be driven by different time courses of development for these regions. Accumbens activity in adolescents looked like that of adults in both extent of activity and sensitivity to reward values, although the magnitude of activity was exaggerated. In contrast, the extent of orbital frontal cortex activity in adolescents looked more like that of children than adults, with less focal patterns of activity. These findings suggest that maturing subcortical systems become disproportionately activated relative to later maturing top–down control systems, biasing the adolescent’s action toward immediate over long-term gains.

Key words: accumbens; adolescent; reward; development; orbital frontal cortex; risk-taking

Introduction

Onset of substance abuse often occurs during the increased risk-taking period of adolescence (Silveri et al., 2004). Little is known to date about neurobiological factors that may predispose adolescents to increased risk-taking behaviors. In adults, mesolimbic regions have been implicated in reward (Knutson et al., 2001; Elliott et al., 2003; McClure et al., 2004), risk-taking (Kühnen and Knutson, 2005), and addiction (Hyman and Malenka, 2001; Volkow et al., 2004), but less is known about the development of these systems. The purpose of this study was to test the hypothesis that adolescence is a developmental period of increased responsivity to reward relative to childhood and adulthood. Specifically, we examined whether differences in the development of subcortical [e.g., nucleus accumbens (NAcc)] relative to prefrontal [e.g., orbital frontal cortex (OFC)] regions may characterize this period of development to help explain the increase in risk-taking behavior.

Adolescence is characterized by continued structural and functional development of frontostriatal circuitry implicated in behavioral regulation. Periadolescent rats show increases in reward-related dopamine transmission in the striatum (Laviola et al., 1999), and nonhuman primates show increased dopaminergic innervation in the prefrontal cortex (PFC) (Rosenberg and Lewis, 1994, 1995). Human imaging studies show frontostriatal region changes (Giedd et al., 1999; Sowell et al., 1999; Casey et al., 2005) that seem to parallel increased cognitive control (Casey et al., 1997; Rubia et al., 2000; Luna et al., 2001; Luna and Sweeney, 2004; Steinberg, 2004). These changes appear to show activation shifts of prefrontal regions from diffuse to more focal recruitment over time (Casey et al., 1997; Bunge et al., 2002; Moses et al., 2002; Durston et al., 2006). Neuroimaging studies cannot definitively characterize the mechanism of such developmental changes (e.g., synaptic pruning, myelination). However, these volume and structural changes may reflect refinement and fine-tuning of reciprocal projections from these brain regions during maturation. Thus, this interpretation is only speculative.

Recently, neuroimaging studies have begun to examine reward-related processing in adolescents and have shown NAcc activation as shown in adults (Bjork et al., 2004; May et al., 2004; Ernst et al., 2005). However, the results have been mixed as to how adolescents and adults differ in activity. These studies have focused primarily on the region of the accumbens rather than OFC in examining changes. Furthermore, little attention has been given to characterizing NAcc and OFC development from childhood through adulthood. Tracking this development provides additional constraints on whether changes reported in adolescence are specific to this period of development or reflect maturational linear changes.

Here, we used functional magnetic resonance imaging (fMRI) to examine behavioral and neural responses to reward value ma-
nulations across development. We focused on the NAcc and OFC given previous reports in animal (Hikosaka and Watanabe, 2000; Pecina et al., 2003), imaging (O’Doherty et al., 2001; Zald et al., 2004), and addiction (Hyman and Malenka, 2001) studies implicating them in reward-related learning. Based on rodent models (Laviola et al., 1999; Spear, 2000) and previous imaging work (Ernst et al., 2005), we hypothesized that, relative to children and adults, adolescents would show an exaggerated accumbens response suggestive of refined focal activations within the accumbens during this period, in concert with less mature activations in top–down PFC regions.

Materials and Methods
Participants. Sixteen children (seven females; aged 7–11, with mean age of 9.8 years), 13 adolescents (six females; aged 13–17, with mean age of 16 years), and 12 right-handed healthy adults (six females; aged 23–29, with mean age of 25 years) participated in the fMRI experiment. A separate statistical analysis on the adult data was reported previously (Galvan et al., 2005). Three children and one adolescent were excluded from the analysis due to excessive motion (>2 mm). Motion was >0.5 voxels (1.56 mm) in any direction for two subjects (one child and one adult) included in the analysis. Eliminating these subjects from the analysis did not change the results and the different age groups did not differ significantly in in-plane motion (adults: x = 0.48, y = 0.76, z = 0.49; adolescents: x = 0.26, y = 0.58, z = 0.45; children: x = 0.18, y = 0.76, z = 0.36). Subjects had no history of neurological or psychiatric disorder and each gave informed consent (parental consent and child assent for adolescents and children) for a protocol approved by the Institutional Review Board of Weill Cornell Medical College of Cornell University. The experiment on adolescents and children was simulated in a mock scanner before the experiment, in which they were exposed to the sounds they would hear during the actual experiment.

Experimental task. Participants were tested using an adapted version of a delayed response two-choice task previously used in nonhuman primates (Cromwell and Schultz, 2003) and described previously (Galvan et al., 2005) in an event-related fMRI study (Fig. 1). In this task, three cues (counterbalanced) were each associated with a distinct reward value. Subjects were instructed to press either their index or middle finger to indicate the side on which a cue appeared when prompted, and to respond as quickly as possible without making mistakes.

The stimulus parameters were as follows. One of three pirate cartoon images was presented in pseudorandom order on either the left or right side of a centered fixation for 1000 ms (Fig. 1). After a 2000 ms delay, subjects were presented with a response prompt of two treasure chests on each side of the fixation. For instance, subjects were shown the three cues in the experiment because the number of coins in the stimuli increases when asked explicitly (rewarded on 100% of trials). Before beginning the experiment, subjects were shown the actual money they could earn to ensure motivation. They received detailed instructions that included familiarization with the stimuli used. In particular, subjects were shown the three cues and three reward amounts they would be seeing during the experiment. They were not told how the cues related to the rewards. To explicitly emphasize that there were three amounts of reward, one being small, another medium, and another large. These amounts are visually obvious in the experiment because the number of coins in the stimuli increases with increasing reward. Only one subject could articulate the association between specific stimuli and reward amounts, when asked explicitly about this association during debriefing of the subject at the end of the experiment.

Image acquisition. Imaging was performed using a 3T General Electric (Milwaukee, WI) MRI scanner using a quadrature head coil. Functional scans were acquired using a spiral in and out sequence (Glover and Thomason, 2004). The parameters included the following: repetition time (TR), 2000 ms; echo time (TE), 30 ms; 64 × 64 matrix; 29 5 mm coronal slices; 3.125 × 3.125 mm in-plane resolution; flip, 90° for 184 repetitions, including four discarded acquisitions at the beginning of each run. Anatomical T1-weighted in-plane scans were collected (TR, 500; TE, min; 256 × 256; field of view, 200 mm; 3 mm slice thickness) in the same locations as the functional images in addition to a three-dimensional data set of high-resolution spoiled gradient-recalled acquisition in a steady state images (TR, 25; TE, 5; 1.5 mm slice thickness; 124 slices).

Image analysis. The Brainvoyager QX (Brain Innovations, Maastrict, The Netherlands) software package was used to perform a random-effects analysis of the imaging data. Before analysis, the following preprocessing procedures were performed on the raw images: three-dimensional motion correction to detect and correct for small head movements by spatial alignment of all volumes to the first volume by...
Results

Imaging results

The omnibus GLM analysis of the imaging data identified the NAcc [right (x = 6, y = 5, z = 2) and left (x = −8, y = 6, z = −2)] and right OFC (x = 46, y = 31, z = 1) depicted in Figure 2, A and C, with reward value as the primary predictor, across all subjects and runs of the experiment for the entire trial (18 s), relative to the 2 s intertrial interval preceding the start of the next trial (e.g., reward vs baseline contrast). Within these regions, there was a main effect of reward value (F(2,22) = 8.424; p = 0.001) (Fig. 2B) in the NAcc, but not in the OFC (F(2,22) = 1.3; p = 0.44) (Fig. 2D). Post hoc t tests on the main effect of reward for the NAcc confirmed significant differences between the large and small (t(35) = 4.35; p < 0.001), large and medium (t(35) = 2.01; p < 0.05), and medium and small (t(35) = 2.09; p < 0.04) rewards, with greater activation for greater rewards.

Developmental differences in magnitude and extent of activity to reward

Because the focus of this study was on how reward influences neural recruitment across development, we examined developmental differences in the magnitude and extent of accumbens and OFC activity for trials to the largest reward. The magnitude of activity was calculated as a percent change in MR signal averaged across the first 18 s of the trial relative to the intertrial interval of fixation immediately preceding the trial (2 s), which was averaged across the entire experiment (90 trials = 900 scans). This calculation was performed for each group. The extent of activity was calculated as the volume of activity (number of voxels) across runs, by group, using the same contrast.

Magnitude of activity.

In the accumbens and OFC, there were significant developmental differences in percent change in MR signal (F(2,22) = 6.47, p < 0.01; F(2,22) = 5.02, p = 0.01, respectively) (Fig. 3A,B). In the accumbens, adolescents showed the greatest signal change. Post hoc tests confirmed significant differences between adolescents and children (t(11) = 4.2; p = 0.03) and between adolescents and adults (t(11) = 5.5; p = 0.01) in magnitude of accumbens activity. In the OFC, post hoc tests confirmed significant differences between children and adolescents (t(11) = 4.9; p = 0.01) and children and adults (t(11) = 3.99; p = 0.01). Thus, adolescents showed enhanced activity in the accumbens and this pattern differed from that in the OFC and from children and adults.

Extent of activity.

There were significant developmental differ-
enances in the extent of activity in the accumbens ($F_{(2,22)} = 4.7; p < 0.02$) and OFC ($F_{(2,22)} = 5.01; p = 0.01$). Post hoc tests confirmed the largest volume of activity in the accumbens for children ($503 \pm 43$ interpolated voxels) relative to adolescents ($389 \pm 71$ interpolated voxels) ($t_{(22)} = 4.2; p < 0.05$) and adults ($311 \pm 84$ interpolated voxels) ($t_{(22)} = 3.4; p < 0.05$) (Fig. 3C). Adolescents and adults did not differ ($t_{(22)} = 0.87; p = 0.31$). For the OFC, children ($864 \pm 165$ interpolated voxels) ($t_{(22)} = 7.1; p = 0.01$) and adolescents ($671 \pm 54$) ($t_{(22)} = 5.8; p = 0.01$) showed the largest extent of activity relative to adults ($361 \pm 45$ voxels) (Fig. 3D), but there were no significant differences between children and adolescents ($t_{(22)} = 1.8; p = 0.07$). This pattern of activity reflects protracted development of OFC relative to the NAcc (Fig. 4, graph).

Developmental differences in temporal processing of reward value
To examine differential changes in neural recruitment throughout the experiment, we examined the main effect of, and interactions with, time (early, middle, and late trials) on MR signal change in the NAcc or OFC. The effect of time was observed only in the interaction of time by group by reward in the accumbens ($F_{(8,136)} = 3.08; p = 0.003$) and less robustly in the OFC ($F_{(8,136)} = 2.71; p = 0.02$). This interaction was driven primarily by changes occurring during the late trials of the experiment (for changes as a function of early, middle, and late trials, see supplemental Fig. 2, available at www.jneurosci.org as supplemental material). Figures 5 and 6 depict the temporal course of change in MR signal as a function of small, medium, and large reward values for late trials by group for each region. These time series show an exaggerated change in accumbens activity in adolescents relative to children or adults for the small and large reward trials that occurs ~5–6 s after the response and the point in which all three age groups show a change in MR signal. This pattern is illustrated graphically in Figure 7 for clarity (for change in OFC activity at this time point for all three age groups, see supplemental Fig. 3, available at www.jneurosci.org as supplemental material).

Behavioral results
The effects of time on task and reward value were tested with a 5 (runs) × 3 (small, medium and large reward) × 3 (group) ANOVA for the dependent variables of mean reaction time for correct trials and mean accuracy. There were main effects of reward value ($F_{(2,72)} = 9.51; p = 0.001$) and group ($F_{(2,220)} = 4.37; p = 0.02$) and significant interactions of reward by time ($F_{(8,288)} = 4.176; p < 0.001$) and group by reward by time ($F_{(16,272)} = 3.01; p = 0.01$) for mean reaction time. The main effect of reward showed that, across all subjects, mean reaction times were faster to the largest reward (mean, 515.47; SD, 178.75; $t_{(36)} = 3.8; p < 0.001$) relative to medium (mean, 556.89; SD, 180.53) or small reward (mean, 552.39; SD, 180.35). The significant interaction of reward by time was driven primarily by the three-way interaction of group by reward by time. Adolescents differed in mean reaction time to all three reward values by the end of the experiment (Fig. 8). Adolescents were significantly faster to the large relative to the medium and small rewards with no difference between the medium and small rewards. The children showed no significant differences in mean reaction time to the small, medium, or large rewards. There were no significant correlations

Figure 3. Magnitude and extent of accumbens and OFC activity to reward. A, Adolescents showed exaggerated percent change in MR signal to large reward relative to children and adults in the accumbens. B, In the OFC, children had the greatest percent change in MR signal relative to adolescents and adults. C, Children showed the largest volume of activity in the accumbens relative to adolescents and adults. D, Children and adolescents showed greater volume of activity in the OFC relative to adults. Error bars indicate SEM. Asterisks denote significant activ-

Figure 4. Normalized extent of activity measure for the nucleus accumbens and OFC for all subjects, adjusted for the average extent of activity ($x - \text{mean}/\text{mean}$) for each region.
between reaction time or accuracy and accumbens or orbitofrontal activity.

There were no significant effects of reward ($F_{(2,72)} = 0.26; p = 0.40$), group ($F_{(2,220)} = 0.73; p = 0.40$), or time ($F_{(4,476)} = 0.57; p = 0.44$) or interactions for mean accuracy. All subjects had high accuracy across reward values (children: small, 96%; medium, 98%; large 96%; adolescents: small, 98%; medium, 99%; large, 99%; and adults: small, 98%; medium, 99%; large, 99%).

**Discussion**

This study examined behavioral and neural responses to reward value manipulations across development. Our findings support our hypothesis that adolescents differ from children and adults in NAcc and OFC recruitment, regions previously implicated in reward processing (Knutson et al., 2001) and addiction (Volkow et al., 2004). Our results are consistent with rodent (Laviola et al., 2003) and previous developmental imaging (Ernst et al., 2005) studies of enhanced accumbens activity during adolescence. These findings suggest that different developmental trajectories for these regions may relate to the increased impulsive and risky behaviors observed during this period of development.

**Developmental changes in structure and function**

Enhanced accumbens activity was paralleled by a refined pattern of activity for adolescents relative to children, but similar to adults. In contrast, adolescents showed more diffuse OFC recruitment more similar to children than adults. We interpret these data to suggest that the NAcc development may precede that of the OFC during adolescence. Protracted development of
prefrontal regions, with a transition from diffuse to focal recruitment is consistent with MRI-based neuroanatomical (Sowell et al., 1999; 2003; Gogtay et al., 2004) and fMRI studies (Casey et al., 1997, 2002; Brown et al., 2005, Durston et al., 2006) of prefrontal development (Casey et al., 2005).

Developmental changes in volume of activity within frontostriatal regions (Sowell et al., 1999) are interesting in light of known developmental processes (e.g., dendritic arborization, synaptic pruning, myelination) occurring during this period. However, neither fMRI nor MRI provide a level of analysis with which to definitively characterize the mechanism of such changes. The volume measures were used in part to constrain the interpretation of magnitude differences, but we can only speculate that our changes in volume and magnitude of activity of the NAcc and OFC reflect a fine-tuning of this circuitry with experience and development.

Differential recruitment of frontostriatal regions has been reported across several developmental fMRI studies (Casey et al., 2002; Monk et al., 2003; Thomas et al., 2004). Typically, these findings have been interpreted in terms of immature prefrontal regions rather than an imbalance between prefrontal and subcortical regions. Given evidence of prefrontal regions in guiding appropriate actions in different contexts (Miller and Cohen, 2001) immature prefrontal activity might hinder appropriate estimation of future outcomes and appraisal of risky choices, and might thus be less influential on reward valuation than the accumbens. This pattern is consistent with previous research showing elevated subcortical, relative to cortical activity when decisions are biased by immediate over long-term gains (McClure et al., 2004). Furthermore, accumbens activity has been shown to positively correlate with subsequent risk-taking behaviors (Kuhnen and Knutson, 2005).

Reward-related learning across development

One goal of this study was to characterize reward learning across development. Adults showed behavioral distinction to the three cues, with fastest responses to the large reward cue. Adolescents showed less discrete responses and children show little to no learning. Slower learning across development parallels the imaging results of protracted OFC development that may hinder associative learning between predictive events and reward outcomes. This interpretation is supported by animal (Hikosaka and Watanabe, 2000; Chudasama and Robbins, 2003; Cetin et al., 2004; Hosokawa et al., 2005) and human imaging (Elliott et al., 2000; O’Doherty et al., 2003; McClure et al., 2004; Cox et al., 2005; Galvan et al., 2005) studies showing the role of the OFC in learning and representing links between predictive events (stimuli and responses) and reward outcomes in optimizing choice behavior.

Few imaging studies of reward to date have been able to show differences in behavior as a function of reward outcome (Haruno et al., 2004; Delgado et al., 2005; Galvan et al., 2005). Here, our data suggest that reward-related neural responses influence behavioral output. Minimal behavioral variability might have precluded previous authors from determining whether different reward conditions bias behavioral output. One reason we were able to tease apart behavioral differences might be because our paradigm was designed to maximize behavioral responses and learning by using a continuous reinforcement schedule (Dickinson and Mackintosh, 1978; Gottlieb, 2004, 2005). Animal studies show faster learning with continuous relative to intermittent reinforcement schedules (Gottlieb, 2004) that may have explained the faster responses to large reward trials across subjects and the distinct pattern of behavior for each reward value in the adults by late trials.

Rewards are relative for different contexts and ages

Reward preference varies based on the reward context (Tversky and Kahneman, 1981; Tremblay and Schultz, 1999). Evidence from our study supports the notion that relative reward preference is exaggerated during adolescence: adolescents showed an enhanced accumbens response to the large reward and a decrease in activity to the small reward relative to other rewards and to other ages. Adolescents report greater intensity of positive feelings and more positive BOLD signal intensity than adults during a win condition (Ernst et al., 2005). The adolescents may have viewed the small reward as an omission of reward, similar to lack of an expected event at a given time, previously shown to decrease striatal activity (Davidson et al., 2004). This finding corre-}

Developmental changes may parallel changes with learning

Recently, Pasupathy and Miller (2005) showed that, in monkeys, striatal areas detected reward contingencies first, which then seemed to bias prefrontal regions into taking action. Other work has shown that the OFC seems to be implicated in linking responses with outcomes (Elliott et al., 2000; Galvan et al., 2005). However, this effect may be dependent on maturity of prefrontal systems and reciprocal connections between frontostriatal re-
tions (Haber, 2003) that associate actions with outcome, because children and adolescents did not show learning, as indexed by mean reaction time, to the extent that adults did. It remains an open question whether the children could not learn to discriminate between the different reward values or whether they were just as happy with a small reward as a large reward.

The findings of less sensitivity in the behavioral response than in the neural response in the younger subjects may be consistent with previous learning studies showing that neural changes precede behavioral changes (Tremblay et al., 1998). The adolescents were significantly faster to larger reward trials by the end of the experiment relative to the other reward values, but the accumbens showed distinct patterns of activity to each reward value similar to adults. If this explanation were true, we might expect with additional training that the adolescents’ behavioral performance would ultimately parallel the accumbens activity. Likewise, one would expect similar patterns to emerge in children, but with more extensive training.

Contrasts between current and previous findings

Although the exaggerated accumbens response in adolescents replicates those of May et al. (2004) and Ernst et al. (2005), Bjork et al. (2004) found decreased accumbens activity relative to adults during a gain versus no gain contrast. Whereas Bjork et al. (2004) reported MR signal change over the entire experiment, we examined MR changes across the entire experiment and also during early and late trials, with the later trials showing greater activation in adolescents relative to adults.

A second difference in the current study, relative to the existing literature (O’Doherty et al., 2001, Elliott et al., 2003, Galvan et al., 2005), was the lack of a main effect of reward value in the OFC across subjects. In examining this main effect, we collapsed OFC activity across age groups and across the experiment. Other reward studies of the OFC have not included developmental populations, who have diffuse and more variable patterns of activity in this region (Casey et al., 1997). Inclusion of developmental populations thus increased the variability in recruitment of this region, with less consistent patterns of OFC activity. Furthermore, our data showed that, for later trials of the experiment, OFC activity differed for larger relative to smaller rewards, but showed a less precise mapping to reward value relative to the NAcc, which showed discrete patterns of activity to each reward value across age groups, consistent with our previous work (Galvan et al., 2005) and that of others (Elliott et al., 2003).

Implications

Our results suggest that there are protracted maturational changes in top-down control systems relative to subcortical regions implicated in appetitive behaviors. These different developmental trajectories may contribute to suboptimal choices in adolescents being driven more by appetitive systems than control systems (Spear, 2000). Understanding the development of structural and functional connectivity of reward-related mesolimbic circuitry may further inform the field on the neurobiological basis of increased reward-seeking and adolescent-onset addiction.

A neural framework similar to the one we propose here has been suggested to explain addiction. Accordingly, the PFC is “hi-jacked” by an impulsive subcortical system, which might render it unable to appropriately modulate decisions in the context of future consequences (Bechara, 2005). Our findings are consistent with this speculation but occur during typical development. Thus, disproportionate contributions of subcortical systems relative to prefrontal regulatory systems may underlie poor decision-making that predisposes adolescents to drug use and, ultimately, addiction.

References


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