The International Society for the Study of Dissociation

In conjunction with

Del Amo Hospital

Presents

The Dissociative Self: Integrating Neuroscience and Clinical Practice: Mind and Body in the Treatment of Psychological Trauma

A Professional Seminar

Featuring

Allan N. Schore, Ph.D.
and
Richard A. Chefetz, M.D.

Friday, February 11, 2005

Torrance Cultural Arts Center
Community Meeting Hall
Torrance, California
Richard A. Chefetz, M.D. is a psychiatrist in private practice in Washington, D.C. Dr. Chefetz is a diplomate of the American Boards of Psychiatry and Neurology, Medical Hypnosis, and Family Practice (1979-1998). He is a Past President of the International Society for the Study of Dissociation, and Co-director of their Dissociative Disorders Psychotherapy Training Program. Dr. Chefetz is a Distinguished Lecturer at the William Alanson White Institute of Psychoanalysis & Psychiatry. He is on the faculty of the Advanced Psychotherapy Training Program of the Washington School of Psychiatry, Institute of Contemporary Psychotherapy & Psychoanalysis, New Directions in Psychoanalysis at the Washington Psychoanalytic Foundation, and their Modern Perspectives in Psychoanalysis program. He is a member of the Advisory Board of the International Association for Relational Psychotherapy and Psychoanalysis. Dr. Chefetz is a Certified Consultant in Hypnosis of the American Society of Clinical Hypnosis. Dr. Chefetz is also an Interdisciplinary member of the Washington Psychoanalytic Society.

PLAN AHEAD!

ISSD 22ND International Fall Conference
Nov. 6-8, 2005
Marriott Eaton Centre
Toronto, Ontario, Canada

BOOKS AND TAPES
Books by the speakers, tapes, and other professional publications on dissociation and trauma-related topics will be available for purchase on-site through the Self-Esteem Shop.
Allan N. Schore is on the clinical faculty of the Department of Psychiatry and Biobehavioral Sciences, UCLA David Geffen School of Medicine, and at the UCLA Center for Culture, Brain, and Development. He is author of the seminal volume *Affect Regulation and the Origin of the Self*, and the recently published *Affect Dysregulation and Disorders of the Self and Affect Regulation and the Repair of the Self*. Due to the interdisciplinary nature of his work he has published extensively in the neuroscience, psychiatry, psychoanalysis, developmental psychology, pediatric, and trauma literatures. He is on the editorial staff or reviewer of 18 journals, including the *Journal of Neuroscience, Behavioral and Brain Sciences, Proceedings of the National Academy of Sciences of the United States of America, Psychotherapy and Psychosomatics, the Australian and New Zealand Journal of Psychiatry, Journal of Analytical Psychology, Attachment & Human Development, and the American Academy of Pediatrics Pediatric Update*.

Dr. Schore has written the Foreword to the reissue of John Bowlby's classic volume *Attachment*, and because of his integrative work in linking psychology and biology has been referred to as "the American Bowlby." He leads Study Groups in Developmental Affective Neuroscience & Clinical Practice in Los Angeles and in Seattle. His activities as a clinician-scientist span his practice of psychotherapy over the last 4 decades to his current involvement in neuroimaging research. He is a member of the Commission on Children at Risk for the Report on Children and Civil Society, "Hardwired to Connect."
ABOUT THE CONFERENCE SPONSORS

THE INTERNATIONAL SOCIETY FOR THE STUDY OF DISSOCIATION (ISSD) is a nonprofit professional association organized for the purposes of information sharing and international networking of clinicians and researchers; providing professional and public education; promoting research and theory about dissociation; and promoting research and training in the identification, treatment, and prevention of dissociative disorders.

DEL AMO HOSPITAL is a 166 bed private psychiatric hospital that is located near the warm, sunny beaches in Southern California. Del Amo Hospital has distinguished itself through a wide range of programs that are individually tailored to each patient's particular needs, such as crisis stabilization, trauma-based disorders, borderline personality disorder, PTSD, dissociative disorders (DID), eating disorders - including anorexia, bulimia and compulsive overeating, dual diagnosis, sexual addiction, detox, and mental illness.

EDUCATIONAL OBJECTIVES FOR CONTINUING EDUCATION

Understanding trauma's role in the development of psychopathology has become increasingly important in the treatment of a large portion of the clinical population. Sexual, physical and psychological abuse and other childhood traumata become woven into the individual's emerging sense of self. Developing psychological structures are stressed and distorted as more extreme methods of coping are needed. Treatment becomes more effective as trauma is more directly addressed. This program is intended to assist psychiatrists, psychologists, social workers, mental health counselors, nurses, and other clinicians to increase their awareness of trauma and its aftereffects through an understanding of ongoing developments in the field of trauma-related disorders.

At the conclusion of this seminar the participant will be able to:

1. Understand the underlying neurobiologic structures and functions that predict normal attachment patterns as well as insecure patterns related to dissociative psychological adaptations.

2. Develop knowledge to discern those changes in patient behavior that signify "state changes" and be able to apply this work to a wide variety of clinical situations.

3. Understand the neurobiology of psychological trauma and be able to anticipate emerging clinical themes that reflect these alterations in function.

4. Learn new language with which to engage patients in discussion of dissociative experience and understand the role of enactment in treatment.

5. Develop a knowledge of Right Brain function and the impact of implicit and explicit encoding of experience that influence dissociative adaptations.

6. Understand how to approach self-state changes (seen in video footage that illustrates dissociative switching behaviors) from the perspective of affect regulation as a clarifying and interpretive tool.

7. Understand salient neurobiologic processes that inform the conduct of a psychotherapy and predict areas of both impasse and movement in treatment.

8. Apply a knowledge of basic neurobiology to facilitate body work through the use of language, without touching, and utilizing "sensori-motor associations" (as illustrated in video footage of an actual case).

Course meets the qualifications for 6 hours of continuing education credit for MFT's and or LCSW's as required by the California Board of Behavioral Sciences, provider #PCE531; CAADAC #2S932691003, California Board of Registered Nurses BRN#CEP9905. This course has been approved by the MCEP Accrediting Agency for 6 CEU's for psychologists, course approval #AM1002.
FACILITY DESCRIPTION
Located at the heart of the South Bay, the Torrance Cultural Arts Center combines modern design and natural beauty into a unique multi-purpose complex. Built for convenience and diversity, the Center houses meeting and banquet rooms, visual and performing arts studios, a 502-seat theatre, two spacious outdoors plazas, and an authentic Japanese garden. This versatile environment allows groups to utilize a variety of accommodations to enhance the atmosphere of any event, from business meetings to social gatherings. Entrances, restrooms, and theatre seating are all wheelchair accessible.
Simple elegance and modern design make the COMMUNITY MEETING HALL a premier site for events that require a higher standard of refinement.

Torrance Cultural Arts Center
Community Meeting Hall
3330 Civic Center Drive
Torrance, CA  90503
310/781-7150

For driving directions visit:

FOR MORE INFORMATION on the seminar or lodging, please contact:
Conference Co-Chairs: Donald Fridley, Ph.D. (310) 373-6359 (in California) or Dennis S. Pilon, ACSW, BCD (248) 546-3550 x2.
### PROGRAM SESSIONS

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00-8:45 am</td>
<td>CONTINENTAL BREAKFAST and REGISTRATION</td>
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<tr>
<td>8:45-9:00</td>
<td>INTRODUCTION: Donald Fridley, Ph.D.</td>
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<tr>
<td>9:00-9:45</td>
<td>The Origins of the Dissociative Self: Enduring Impact of Early Attachment Trauma on the Developing Right Brain: Part I Dr. Schore</td>
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<tr>
<td>9:45-10:30</td>
<td>&quot;Diss'ing&quot; the Self: An Exploration of Dissociative Adaptations Dr. Chefetz</td>
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<tr>
<td>10:30-10:45</td>
<td>BREAK</td>
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<tr>
<td>10:45-11:30</td>
<td>The Origins of the Dissociative Self: Enduring Impact of Early Attachment Trauma on the Developing Right Brain: Part II Dr. Schore</td>
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<tr>
<td>11:30-12:15</td>
<td>I Wish I Didn't Know Now, What I Didn't Know Then: Searching for a Coherent Mind: Implicit Processes in Dissociative Identity Disorder Dr. Chefetz</td>
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<tr>
<td>12:15-1:15</td>
<td>LUNCH (provided)</td>
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<tr>
<td>1:15-2:00</td>
<td>The Right Hemisphere is Dominant in Clinical Work: Implications of Recent Neuroscience for Psychotherapists: Part I Dr. Schore</td>
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<td>2:00-2:45</td>
<td>Switching Behaviors: An Alternative to Normal Affect Regulation: Video and Discussion Dr. Chefetz</td>
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<td>2:45-3:00</td>
<td>BREAK</td>
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<tr>
<td>3:00-3:45</td>
<td>The Right Hemisphere is Dominant in Clinical Work: Implications of Recent Neuroscience for Psychotherapists: Part II Dr. Schore</td>
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<td>3:45-4:30</td>
<td>Body Work with Words; Weaving a Psychotherapy from Psychodynamics, Hypnotherapy, and EMDR: Video and Discussion Dr. Chefetz</td>
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<tr>
<td>4:30-4:45</td>
<td>QUESTIONS &amp; ANSWERS</td>
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<td>4:45 pm</td>
<td>ADJOURNEMENT</td>
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ISSD TORRANCE SEMINAR - REGISTRATION INFORMATION
(detach & return)

Name_________________________________Degree_____________
Title _______________________________________________________
Organization/Profession _______________________________________
Address____________________________________________________
City______________________ State_______ Zip/Postal Code________
Country_________________
Daytime phone (______)____________ Fax (______)_______________
Email______________________________________________________

FEE (includes continental breakfast and boxed lunch)
☐ ISSD member / ☐ Del Amo Staff ........................................ $125.00
(Postmarked by January 28, 2005)
☐ Non-member Pre-registration ............................................. $135.00
(Postmarked by January 28, 2005)
☐ Full time student (include copy of valid ID).......................... $100.00
(Postmarked by January 28, 2005)
☐ All (Limited) Late and on-site registration............................ $155.00

Complete and return this form with payment to:
International Society for the Study of Dissociation
33554 Treasury Center
Chicago, IL 60694-3500
Fax: 847/480-9282

My check is enclosed for: $__________ Make checks payable to “International
Society for the Study of Dissociation.” All fees are U.S. dollar. International regis-
trants must remit payment in U.S. funds drawn on a U.S.bank.

Please charge my:
☐ Visa
☐ MasterCard

Card Number Expiration date

Signature

Cardholder name if different from registrant

Credit Card Billing address if different from above

REGISTER ONLINE AT http://www.issd.org

Cancellation Policy
Notification of cancellation must be in writing. Cancellations received by
January 28, 2005 will be subject to a $75.00 cancellation charge.
No refunds will be made for cancellations received after January 28.